

# dōTERRA® Monthly Newsletter

July  
2025

## dōTERRA® Wellness Made Simple

### Bundle and save!

Purchase the Foundational Wellness Bundle (VMG+™, EO Mega+®, dōTERRA PB Restore) and get a glass shaker bottle and 5 mL Peppermint for free.

### Your Simple Morning Routine

- 1. Mix and Sip:** Combine VMG+ with water for a delicious boost of essential vitamins, minerals, and superfoods.
- 2. Take Your Softgels:** EO Mega+ provides vital omega-3s to support your brain, heart, and joint health.
- 3. Support Your Gut:** dōTERRA PB Restore balances your microbiome for better digestion and immune health.
- 4. Breathe and Energize:** Apply Peppermint Essential Oil to invigorate your senses and prepare for the day ahead.



### Foundational Wellness Bundle

**60230014**  
125 PV  
Wholesale: \$149.50

Promos



10% OFF

## Deep Blue® Stick + Copaiba

### Soothe Your Summer

Soothe on the go and at a discount! Deep Blue Stick + Copaiba is 10% off all July.

#### Benefits:

- Delivers temporary relief to minor aches and muscle and joint pains associated with simple backache, arthritis, sprains, strains, and bruises.
- Creates a cooling and soothing sensation.
- Provides maximum OTC-strength plant-based menthol.

**60213108**  
1.69 oz/48 g | 20.7 PV  
Wholesale: \$28.50

**Sale Price: \$25.65**



### PRODUCT OF THE MONTH

## Deep Blue® 5 mL

### Cool off with Deep Blue

Deep Blue 5 mL is free! Place a qualifying order by July 15 or purchase a Foundational Wellness Bundle anytime in July to get yours.

#### Uses:

- Apply on feet and knees before and after exercise.
- Rub on lower back after a day of heavy lifting.

**Valued at \$50.67 retail**

To order

Contact your dōTERRA representative or call (800) 411-8151 and select option 9 (Monday–Friday, 9:00 a.m.–5:00 p.m. MT).

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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1

# Foundational Support with Frankincense Essential Oil



## Behind Frankincense Essential Oil

Frankincense essential oil contains a unique composition of monoterpenes and sesquiterpenes, which contribute to its beneficial properties. These compounds work together to promote feelings of relaxation, support healthy-looking skin, and provide antioxidant benefits, according to laboratory research.\* Studies suggest that the chemical complexity of Frankincense plays a role in its ability to support a healthy inflammatory response and overall cellular function when used internally.\*

**30070001**

15 mL  
Wholesale: \$79.00  
PV: 74

**60200224**

10 mL roll-on  
Wholesale: \$52.00  
PV: 52

**60228704**

1.06 oz/30 g  
Wholesale: \$48.00  
PV: 42

## Why doTERRA Frankincense Stands Out

Not all Frankincense oils are created equal. Unfortunately, many commercially available Frankincense oils on the market likely have been adulterated or altered to make the Frankincense oil cheap. At doTERRA, quality is our top priority. Our Frankincense essential oil is a rare blend of four species—*Boswellia Carterii*, *Frereana*, *Sacra*, and *Serrata*. Every batch goes through the CPTG® (CPTG Certified Pure Tested Grade®) process, ensuring it's pure, safe, and effective for you and your family. When you choose doTERRA Frankincense, you're choosing an oil that's responsibly sourced, rigorously tested, and crafted with the highest standards—giving you confidence in every drop you use.

## Simple Ways to Use Frankincense in Your Routine



**Morning Meditation or Yoga.** Start your day with intention by diffusing a few drops of Frankincense during meditation or yoga. The soothing aroma fosters an environment of focus and relaxation, helping set a positive tone for the day ahead.



**Skincare Boost** Enhance your beauty routine by adding a drop of Frankincense to your daily moisturizer or serum. This will help support a smooth, healthy-looking complexion, keeping your skin hydrated and radiant.



**Evening Relaxation.** After a long day, create a peaceful, spa-like atmosphere by diffusing Frankincense in your home. Its warm, resinous scent can help while you unwind, making it easier to transition into a restful night's sleep.

## Tea Tree Make-Up Remover Wipes

DIY

Tea Tree essential oil is the secret weapon in this recipe, offering its well-known cleansing and rejuvenating properties. It can help reduce the appearance of blemishes and soothe occasional skin irritations, making it a fantastic addition to your daily skincare routine. Plus, when you make your own wipes, you get the satisfaction of knowing exactly what's inside—no harsh chemicals, just simple, effective ingredients for an easy, on-the-go solution to makeup removal.



### Ingredients:

- 2 Tablespoons witch hazel
- 2 Tablespoons Fractionated Coconut Oil
- 2 Tablespoons distilled water
- 1–2 drops Tea Tree essential

**60208340**

15 mL  
Wholesale: \$26.00  
PV: 26

### Instructions:

1. Combine witch hazel, Fractionated Coconut Oil, and water in a small bowl and stir.
2. Add Tea Tree essential oil.
3. Use a serrated knife to cut the roll of paper towels in half widthwise and remove tube from one half.
4. Put the half without the tube in an airtight container, then pour the solution over the roll.
5. Replace lid and shake.
6. To use, pull wipes from center and wipe off makeup.
7. Store in a cool, dry place and use within three months.