

dōTERRA® Monthly Newsletter

November
2024

Promos



10% OFF

Adaptiv®

Calming Blend Capsules

Skip the Stress

Adaptiv Capsules are a safe, natural way to promote calm, positive feelings.* They also help with mood management, state of mind, and even cognitive function!† Get yours at 10% off all November while supplies last!

Primary Benefits:

- Helps calm and promote positive feelings*
- Supports mood and helps improve state of mind*
- Helps when acclimating to new surroundings and adapting to stressful situations*
- Encourages relaxation*
- Supports cognitive function and emotional balance*
- Promotes mental well-being*

30850001

30 capsules | 28.8 PV

Sale Price: \$37.80



PRODUCT OF THE MONTH

Ravintsara

5 mL

Refresh with Ravinstara

Ready to refresh amid the holiday rush? When you place a 125 PV subscription order by November 15, a free bottle of Ravintsara will be added to your cart while supplies last!

Uses:

- Dilute with a carrier oil as part of a relaxing massage.
- Add one to two drops to a soothing Epsom salt bath.
- Add a few drops to a spray bottle with water to freshen surfaces.

Valued at \$19.00 whl

LIMITED TIME OFFER

Hygge and Bubble

Want to create a cozy gathering space for your family? Hygge and the Bubble Diffuser are still available! Order the duo today and enjoy comforting, peaceful ambiance all season.

Bundle: 60228543

34 PV | Wholesale: \$59.50

Hygge Blend Only:

60222343

38 PV | Wholesale: \$38.00



LIMITED TIME OFFER

Harvest Spice

Celebrate wonderful memories with family and friends, enjoying the rich, uplifting aroma of Harvest Spice. Freshen the air and welcome autumn with the comforting ambiance of Cassia, Clove, Eucalyptus, Cedarwood, Nutmeg, and Cinnamon Bark essential oils.

60207307

15 mL | 28.5 PV
Wholesale: \$28.50



LIMITED TIME OFFER

Davana Touch

When anyone buys Davana Touch in November, 100% of the revenue goes to the dōTERRA Healing Hands Foundation® to help spread hope and healing to the world. Order while supplies last!

60214383

10 mL roll-on
Wholesale: \$32.00



To
order

Contact your dōTERRA representative or call (800) 411-8151 and select option 1, then 9 (Monday–Friday, 9:00 a.m.–5:00 p.m. MT).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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1

Roasted Butternut Squash Soup

Take advantage of fall produce with this delicious soup. Filled with vegetables and rich seasoning from Rosemary, Spanish Sage, and Black Pepper essential oils, you'll not only love the taste, but the smell it brings into your home too.

DIY

Ingredients:

- 3-pound butternut squash
- Olive oil
- 1 large yellow onion
- 1 large carrot
- 1 teaspoon minced garlic
- 1 tablespoon maple syrup
- 1 teaspoon salt
- Rosemary essential oil
- Ginger essential oil
- Spanish Sage essential oil
- Black Pepper essential oil
- 4 cups vegetable broth
- ½ cup heavy cream
- Garnish: Sour cream and roasted squash seeds

Instructions:

- Preheat the oven to 400°F.
- Slice the squash in half lengthwise and remove its seeds and membrane.
- Place the squash on a baking dish—cut side facing up—brush with olive oil, sprinkle with salt, and roast for 30 minutes.
- Remove the outer layers of the onion and quarter. Clean and rough chop the carrot, setting aside.
- After the squash has roasted, brush the onion and carrot with olive oil and place in the baking dish with the squash. Continue cooking for 20 minutes. (If the squash needs to be cooked more, remove the onion and carrot and return the squash into the oven until tender. Take out of the oven and let cool.)
- Scoop out the squash flesh and transfer to a blender along with the onion, carrot, and minced garlic, blending on high until smooth. Pour the mixture into a stock pot and slowly incorporate the maple syrup, vegetable broth, heavy cream, and salt. Simmer over medium heat.
- Add one drop of Ginger and Black Pepper essential oils.
- Dip two toothpicks into your bottles of Rosemary and Spanish Sage and insert the toothpicks into the soup, stirring.
- Add additional essential oils and salt to taste. Caution: A little essential oil goes a long way, especially with recipes. Add deliberately.
- Pour the soup into bowls and top with roasted squash seeds and sour cream.



source
to you®

Spain
Spanish Sage
Salvia lavandulifolia

Why Spain?

Salvia lavandulifolia, or Spanish Sage, thrives in the cool air of its native southern Spain's hills and mountains and similar regions along the Mediterranean.

Growing, Harvesting, and Distillation Process

Only about 5% of dōTERRA Spanish Sage is wild harvested—most of it is grown and cultivated. The seedlings are planted about 2,000 feet (600 meters) above sea level in the hills and mountains in southern Spain. This perennial plant requires so little water that no irrigation is needed.

Each year's harvest is in August but can continue through November if necessary. Due to the topography of the region, all harvesting is done manually using a hand sickle. A farmer will distill their Spanish Sage the same day he or she harvests it using a local still in their area. The plant material is steam distilled for approximately three to four hours to produce Spanish Sage essential oil.

2023 Sourcing Impact



585

Total Lives Impacted:



225

People Empowered via Sourcing Jobs



585

Lives Supported by Sourcing Jobs

dōTERRA | *Holiday Collection 2024*



Holiday Joy®

Holiday Blend

Create a festive, welcoming environment with the warm, spicy, and sweet holiday aroma of Holiday Joy. Capture the magic of the holidays and delight in a season filled with dear friends and family, sparkling conversation, and Holiday Joy.

60218215
15 mL | 28.5 PV
Wholesale: \$28.50



Holiday Peace®

Holiday Blend

Enjoy a calming, soothing atmosphere and freshen the air with Holiday Peace. The blend combines the crisp aromas of fir oils with grounding richness to create a calm atmosphere during the hectic holiday season.

60202866
15 mL | 28.5 PV
Wholesale: \$28.50



Holiday Trio

Holiday Joy®, Holiday Peace®, and Holiday Love®

Set the mood for any event with three favorites—Holiday Joy, Holiday Peace, and Holiday Love. Holiday Joy enlivens the environment with a warm, spicy, and sweet holiday aroma. Holiday Peace, reminiscent of wintertime traditions, adds a tranquil aroma to any setting. Holiday Love fills the air with a rich woody, spicy aroma ideal for intimate gatherings and family festivities. Capture the season's fondest memories with this Holiday Trio.

60228584
Three 5 mL bottles | 30 PV
Wholesale: \$38.00



Bubble Emerald & Holiday Peace 15mL

Ready to diffuse a favorite oil or blend into the air whenever someone enters the room, the Bubble Emerald is a small, motion-activated diffuser in a beautiful emerald metallic finish, perfect for the holiday season. The Bubble Emerald comes with a 15 mL bottle of Holiday Peace to fill the air with the freshness of winter firs.

60228647
Diffuser and 15 mL bottle | 20 PV
Wholesale: \$52.00



Bright & Cozy Trio

Create the ideal ambiance in your home with the Bright & Cozy Trio, including three favorite CPTG® essential oils—Peppermint, Wild Orange, and Madagascar Vanilla. Peppermint is a breath of fresh air with the invigorating energy of crisp mint. Madagascar Vanilla evokes the comforting memories of homemade goodies with velvety notes of caramelized sugar and spices. Wild Orange bursts with the bright citrusy zest of freshly peeled oranges.

60228648
Three 5 mL bottles | 40 PV
Wholesale: \$49.50



Yule Log

Inviting Blend

Immerse yourself in a cozy embrace with comforting aromas of resinous woods and sweet spices, reminiscent of the age-old Yule Log tradition. A symbol of warmth and celebration, the new Yule Log Holiday Blend is rich and grounding.

60228810
15 mL | 28.5 PV
Wholesale: \$28.50



Floral Gardenia Hand Cream

Soften and nourish your hands while you elevate your senses with Floral Gardenia Hand Cream. This luxurious cream leaves hands looking hydrated and youthful, while the captivating floral aroma transports you to a fragrant garden.

60228790
2.5 oz / 74 mL | 15 PV
Wholesale: \$19.50



Gardenia Touch

Experience the enchanting rich, floral freshness of CPTG® Gardenia Touch. Elegant and intoxicating, the aroma is uplifting yet calming.

60223869
10 mL roll-on | 34 PV
Wholesale: \$34.00



Sensitive Skin Carrier Oil

Formulated with CPTG® plant ingredients, Sensitive Skin Blend is a gentle carrier oil formulated to calm, comfort, and condition skin. Lightweight and penetrating, the blend soothes and nourishes dry, distressed, and irritated skin.

60213950
30 mL | 16 PV
Wholesale: \$18.00



Tinted Lip Gloss-Ginger

Smooth your lips and give them a pop of color with this ultra-hydrating Tinted Lip Gloss. This minty gloss is enriched with a blend of emollients and infused with CPTG® Japanese Mint, Wild Orange, and Clove essential oils.

60221669
3.4 mL / 0.11 fl oz | 12 PV
Wholesale: \$14.50



Cinnamon Drops

Taste the deliciously bold combination of sweet and spicy with a holiday favorite—Cinnamon Drops. A drop of CPTG® Cinnamon Bark essential oil is in each individually wrapped delight.

60228542
30 drops | 10 PV
Wholesale: \$14.50



Lemon-Lime Drops

Tingle your taste buds with a perfect balance of intense tart and sparkling sweet flavors in these Lemon-Lime Drops. Created with CPTG® Lemon and Lime essential oils, these drops are full of bright citrus flavor.

60228585
30 drops | 10 PV
Wholesale: \$14.50



Organic Honey

Infused with Wild Orange Essential Oil

Produced from the nectar of organically grown plants in Yucatán Mexico, this Organic Honey infused with CPTG® Wild Orange essential oil has a classic honey flavor with a touch of juicy citrus. The raw honey is sourced from the Yucatán peninsula without the use of pesticides, herbicides or other harmful substances. Honey can be an energy source, a throat-soother, a tummy tamer, and is also a delicious treat straight from the spoon.

60228955
5.25 oz (150 g) | 10 PV
Wholesale: \$18.50



Yarrow|POM

Revitalizing Eye Mask

The Yarrow | Pom Revitalizing Eye Mask moisturizes and soothes under eye contours to help firm and smooth delicate under-eye skin while helping reduce the appearance of fine lines, for a well-rested and revitalized appearance.

60225985
8 pairs | 30 PV
Wholesale: \$39.50