

Welcome May



Welcome to the May doTERRA newsletter! Embrace the essence of spring with our latest tips and updates to revitalize your wellness routine.



Terrashield[®]

FREE



Outdoor Blend

This May, enjoy **10% off Geranium** essential oil! With its sweet floral scent and versatile uses, Geranium is perfect for skincare and creating a harmonious atmosphere at home.

Don't miss out on this special offer to experience the uplifting benefits of Geranium.

Don't miss out! Until May 15th, TerraShield[®] Repellent Blend is the **Free Product of the month**. With its refreshing woody scent, it's perfect for outdoor activities, keeping pesky insects away. Made with Citronella, Lemongrass, Thyme, Cedarwood, Geranium, and Peppermint essential oils, TerraShield is safe for the whole family.

your may wellness tip

PRIORITIZE SELF-CARE >> With the busyness of life, it's important to carve out time for self-care. Whether it's practicing mindfulness, indulging in a relaxing bath, or simply enjoying a quiet moment with a good book, prioritize activities that recharge your body and mind.



May recipes

MAY RECIPES WITH geranium




MAY BLOSSOM
3 drops Lemon
2 drops Wild Orange
2 drops Geranium

SPRING SERENITY
1 drop Geranium
3 drops Lavender
3 drops Chamomile

MAY MORNING
4 drops Bergamot
2 drops Spearmint
1 drop Geranium

FLORAL AWAKENING
2 drops Wild Orange
3 drops Ylang Ylang
1 drop Geranium

YOGA MAT SPRAY
Mix water with a few drops of lemon & geranium oil in a spray bottle for a fresh and clean mat spray.

DIY SUGAR SCRUB

- 1 cup granulated sugar
- 1/4 cup coconut oil (melted)
- 10 drops lemon essential oil
- 5 drops geranium essential oil

 Mix all ingredients and add to an airtight jar for storage. Use as needed.

DIY OUTDOOR SPRAY

Ingredients:

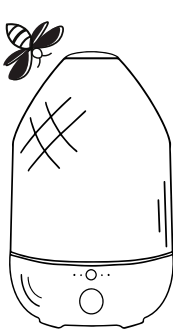
- 30 drops doTERRA TerraShield essential oil blend
- 2 tablespoons witch hazel
- Distilled water

Instructions:

1. In a 4 oz spray bottle, add the TerraShield essential oil blend and witch hazel.
2. Fill the remainder of the bottle with distilled water.
3. Shake well before each use.
4. Spray onto exposed skin before outdoor activities for natural insect repellent protection.

BUG OFF

- 3 TerraShield©
- 2 Citronella
- 2 Peppermint



Benefits of Geranium

Geranium essential oil offers a range of health benefits, from promoting clear skin and balancing oil production to providing relaxation and reducing stress. Its sweet floral scent makes it a popular choice for skincare and aromatherapy, while its soothing properties can ease menstrual discomfort and support hormonal balance.



Benefits of TerraShield©

A potent essential oil blend renowned for its natural insect repellent properties and diverse wellness benefits. Crafted to keep outdoor pests at bay, TerraShield promotes a sense of calm and tranquility during outdoor activities. Whether you're hiking, camping, or simply enjoying the great outdoors, TerraShield© provides safe and natural protection against insects.

Limited offers

200 PV PROMO

dōTERRA sun

While supplies last, receive dōTERRA Sun Body Mineral Sunscreen Spray and dōTERRA Sun After Sun Restorative Body Spray for **free with any 200 PV** order.

You can qualify for this offer up to **four times per account**, and the free products will be automatically added to your order—no need to place separate orders! For example, a 400 PV order earns the promotional items twice, while a 600 PV order earns them three times, and an 800 PV order earns them four times. Don't miss out on this opportunity to gear up for summer fun!



Father's Day

Costa Brio® essential oil blend and the diffuser are easy to use, smell just like the forests of South America, and make for a practical gift he'll appreciate every day.

Mother's Day



The **Yarrow|Pom Eye Mask** with **Yarrow|Pom 5 mL** are luxurious gifts your mother, sister, or friend will actually use and love—if you don't buy them for yourself!

costa brio™

LIMITED

ENLIVENING BLEND 15 ML + CAR CLIP DIFFUSER



DIFFUSER

- Remove the diffusing pad from the casing and add 5-8 drops directly to the diffusing pad.
- Replace diffusing pad into the casing and clip diffuser onto the car vent.
- Refresh with additional drops of oil as needed

COSTA BRIO

- Creates a compelling, calming, grounding atmosphere
- Provides a rich aroma of woody undertones, spicy accents, and exotic undertones

Ingredients: Guaiacwood, Wild Orange, Copaiba, Petitgrain, Cedarwood, Magnolia Leaf, Breu Branco, Bergamot Mint, Fennel, Lemon, Balsam Peru, Pink Pepper, Tonka Bean
Aromatic Description: Smoky, woody, and herbaceous

new product

LIMITED

on guard[®] foaming
hand wash concentrate

- SKU: 60213803
- Wholesale Price: \$28.50
- Retail Price: \$39.33
- PV: 20
- No limit
- Available Starting May 1st
- While supplies last



leaving soon!



Get the Mud Mask while you can! This product will be discontinued soon.

product rebrand

The following products are expected to transition May 2024. This transition is a rebrand only, the product is not being reformulated.

- Copaiba Softgels
- Zencrine Softgels
- Fiber