

# Hello April



Welcome to the April doTERRA newsletter! Embrace the essence of spring with our latest tips and updates to revitalize your wellness routine.



Exciting news! This April, doTERRA **Citrus Twist** Blend is our Free Product of the Month! Elevate your senses with this invigorating blend, featuring bright citrus notes that uplift and energize. Simply place a Loyalty Rewards Program order of 125 PV or more to receive this refreshing gift and infuse your days with the essence of citrus delight.



In April, enjoy 10% off our beloved doTERRA **TriEase Softgels**! Crafted with a seasonal blend of lemon, lavender, and peppermint, these softgels offer natural support for seasonal respiratory discomfort. Stock up on this essential blend and breathe easy throughout the spring season.

## your april wellness tip

**PRIORITIZE HYDRATION >>** As temperatures rise, it's essential to stay hydrated. Keep a reusable water bottle with you throughout the day and infuse it with our new MetaPWR© Recharge and a few slices of citrus for added flavor and hydration encouragement.



# spring recipes

## IGNITE YOUR INNER SPARK

with citrus twist



### RAIN RENEWAL

3 drops Citrus Twist  
2 drops Spearmint  
2 drops Douglas Fir

### SUNNY CITRUS

2 drops Citrus Twist  
3 drops Lemon  
3 drops Grapefruit

### SPRING BREEZE

4 drops Citrus Twist  
2 drops Lime  
1 drop Peppermint

### FRESH MEADOW

4 drops Citrus Twist  
3 drops Bergamot  
1 drop Lavender



LINEN SPRAY

Mix distilled water with a splash of vodka and several drops of Citrus Twist oil in a spray bottle.

DIY BODY BUTTER



Whip together shea butter, coconut oil, and a few drops of Citrus Twist oil to create a nourishing and fragrant body butter perfect for moisturizing dry skin after a day in the spring sunshine.

## CITRUS TWIST RECIPES

### Citrus Twist Body Scrub:

Create a rejuvenating body scrub by mixing granulated sugar, coconut oil, and a few drops of Citrus Twist oil. Gently massage onto damp skin in the shower to exfoliate and leave your skin feeling smooth and invigorated.

### Citrus Twist Bath Soak:

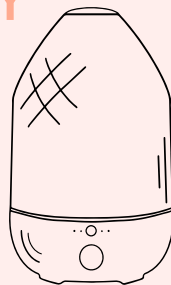
Treat yourself to a luxurious bath by adding Epsom salts, baking soda, and a few drops of Citrus Twist oil to warm bathwater. Soak and unwind as the refreshing citrus scent envelops you, leaving you feeling relaxed and revitalized.

### Citrus Twist Room Spray:

Make your own uplifting room spray by combining water, witch hazel, and several drops of Citrus Twist oil in a spray bottle. Spritz around your home to create a cheerful and energizing atmosphere.

## CITRUS HARMONY

3 Citrus Twist  
2 Lime  
1 Spearmint  
1 Lemon



## Benefits of Citrus Twist oil

This dynamic combination offers a refreshing burst of energy and positivity, perfect for revitalizing your mood and invigorating your senses. Whether diffused for an uplifting atmosphere or applied topically for an energizing boost, Citrus Twist Blend is your go-to companion for embracing the zest of life with renewed vitality and enthusiasm.



## Benefits of Triease© Softgels

Designed to provide natural relief for seasonal respiratory discomfort, these softgels offer a convenient solution for maintaining clear breathing and respiratory health during seasonal challenges. Triease Softgels are your go-to companion for promoting respiratory comfort and enjoying the best that each season has to offer.

# Limited offer

## CUSTOMIZE AND SAVE

### pom-cherry collagen

- Starting April 1st, while supplies last, our limited time **MetaPWR® Advantage Pom-Cherry** flavor will have the Customize and Save option!
- That means, when purchasing the limited time flavor, you can then add additional products at a discount!
- When MetaPWR Advantage Pom-Cherry sells out, LRP templates that have it saved will be swapped with our permanent Lemon-Orange flavor.



## new fits PWR PACK

1. MetaPWR Recharge Wild Strawberry or Lemon Lime
2. MetaPWR Advantage with Collagen + NMN Lemon-Orange
3. PB Assist+ Sachets

Wholesale: \$150 | 125 PV

Savings \$7.50

Limit: 2

## reformulated



**Mito2Max®** will be Transitioning this week, all LRP templates with the current Mito2Max formula will be swapped to the new formula.

